

Activités	Groupe	Jour	horaire	Lieu	
Natation Synchronisée	Débutant 1	Mardi	17h30 - 18h30	Bertran de Born	
		Mercredi	15h - 16h30	Gym Filature	
		Jeudi	17H30 - 18h15	Bertran de Born	
	Débutant 2	Mercredi	15h - 16h30	Gym Filature	
		Jeudi	18h15 - 19H	Bertran de Born	
		Samedi	9h - 10H	Bertran de Born	
	Benjamines	Mercredi	13h - 14H15	Bertran de Born	
		Mercredi	15h - 16h30	Gym Filature	
		Vendredi	17H30 - 18H45	Bertran de Born	
	Espoir/ Junior	Mardi	18h30 - 20h	Bertran de Born	
		Mercredi	20h00 - 21H30	Gym Bertran de Born	
		Samedi	13h30 - 15h30	Bertran de Born	
Natation Course	Natathlon	Lundi	17h - 18h45	Bertran de Born	
		Mardi	17h30 - 18h30	Bertran de Born	
		Mercredi	16h - 17h	Bertran de Born	
		Jeudi	17h30 - 18h30	Bertran de Born	
		Samedi	11h - 12h	Bertran de Born	
	Groupe1	Lundi	18h45 - 20h15	Bertran de Born	
		Mardi	18h30 - 20h	Bertran de Born	
		Mercredi	16h30 - 18h	Bertran de Born	
		Jeudi	18h30 - 20h	Bertran de Born	
		Vendredi	18h45 - 20h	Bertran de Born	
		Samedi	11h-12h	Bertran de Born	
	Groupe 2	Lundi	18h45 - 20h15	Bertran de Born	
		Mercredi	19h -20h15	Bertran de Born	
		Vendredi	17h30 - 18h45	Bertran de Born	
	Adultes Entraînement	Lundi	13h 14H	Bertran de Born	
		Lundi	20h15 - 21h30	Bertran de Born	
		Mardi	13h - 14h	Bertran de Born	
		Mercredi	11H30 - 12H45	AquaCap	
		Mercredi	20h15 - 21h30	Bertran de Born	
		Vendredi	13h- 14h	Bertran de Born	
		Samedi	10h - 11h	Bertran de Born	
	Ecole de Natation Française	Eveil 1	Lundi	17h30 - 18h30	Bertran de Born
		Eveil 2	Jeudi	17h45 - 18h45	Bertran de Born
		Eveil 3	Mercredi	17h45 - 18h45	Bertran de Born
Sauv'nage 1		Mercredi	18h - 19h	Bertran de Born	
Sauv'nage 2		Vendredi	17h30 - 18h30	Bertran de Born	
Sauv'nage 3		Samedi	9h - 10h	Bertran de Born	
Sauv'nage 4		Samedi	10h - 11H	Bertran de Born	
Sauv'nage 5		Samedi	11h - 12h	Bertran de Born	
Pass'Sport 1		Mercredi	15h - 16h	Bertran de Born	
Pass'Sport 1		Samedi	9h- 10h	Bertran de Born	
Pass'Sport 2		Mercredi	16h - 17h	Bertran de Born	
Pass'Sport 2		Samedi	10h - 11H	Bertran de Born	
Pass'Sport 3		Mercredi	17h - 18h	Bertran de Born	
Pass'Sport 3		Samedi	11h- 12h	Bertran de Born	
Pass'Compet 1		Mercredi	18h - 19h	Bertran de Born	
Pass'Compet 1		Samedi	9h - 10h	Bertran de Born	
Pass'Compet 2		Mercredi	18h - 19h	Bertran de Born	
Pass'Compet 2		Samedi	10h - 11H	Bertran de Born	
Natation Perfectionnement	Adolescents 11 - 13 ans	Mercredi	13h - 14h15	AquaCap	
		Samedi	13h30 - 14h30	Bertran de Born	
	Adolescents 14 - 18 ans	Mercredi	13h - 14h15	AquaCap	
		Samedi	14h30 - 15h30	Bertran de Born	
	Adolescents 11-13 et 14 -18 uniquement le	Samedi	12h15 - 13h15	Bertran de Born	
	Adultes Apprentissage	Jeudi	20h - 21h15	Bertran de Born	
	Adultes Perfectionnement 1	Mercredi	20h15 - 21h30	Bertran de Born	
	Adultes Perfectionnement 2	Vendredi	18h45 - 20h	Bertran de Born	
Senior	Mercredi	10h30 - 11H30	AquaCap		
Handisport et Sport Adapté	Handi Enfant	Mercredi	17h30 - 18h30	Bertran de Born	
	Handi Petit Bain	Mercredi	18h45 - 19h45	Bertran de Born	
	Handi Grand Bain	Jeudi	13h - 14H15	Bertran de Born	
Aquaforme	Aquaforme	Lundi	19h - 20h	Bertran de Born	
	Aquaforme	Vendredi	19h - 20h	Bertran de Born	
Aquaphobie	Aquaphobie	Jeudi	20h - 21h	Bertran de Born	
CAP TRI	CAP TRI Perfectionnement 1	Mercredi	20h15 - 21h30	Bertran de Born	
	CAP TRI Perfectionnement 2	Vendredi	18h45 - 20h	Bertran de Born	
	CAP TRI Entraînement	Lundi	20h15 - 21h30	Bertran de Born	
		Mercredi	19h - 20h15	Bertran de Born	